2023

Over-the-Counter (OTC) Product Catalog



Get OTC products delivered to your doorstep at no additional cost!



LifeWorksAdvantage.NationsBenefits.com

Helpful Benefit Information



You can save time and money by using your OTC benefit allowance to order the items you need to personalize your care. We encourage you to spend your full allowance before the end of your benefit period.

Additional information about your OTC benefit is outlined below:



Benefit Usage:

This benefit is only for you and cannot be used for your family or friends.



Availability:

Items, amounts, sizes, and values are subject to change depending on availability.



Substitution:

If an item is out of stock, a similar product of equal or higher value will be shipped.



Delivery:

Please allow two days for delivery.



Returns:

Due to the personal nature of these products, you do not have to ship products you wish to return back to NationsOTC.



Disenrollment:

If you disenroll from your health plan, your OTC benefit will automatically end.

Ordering OTC Products Has Never Been Easier

You have four convenient ways to place an order. Choose the option that's best for you:



Website

To place an order through the MyBenefits portal, scan the QR code using your smartphone camera or visit: LifeWorksAdvantage.

NationsBenefits.com



App

To place an order through the MyBenefits app, scan the QR code using your smartphone or search "MyBenefits" in the App Store or Google Play.







If this is your first time placing an order online, you will need to create an account by registering on the **MyBenefits portal** or the **MyBenefits app**. If you already created an account, simply log in and select the items you would like to order. Once you're ready to place your order, click "**Checkout**."



Phone

To place an order by phone, please call **833-689-1751 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.



Mail

To place an order by mail, send your completed order form using the postage-paid envelope to:

NationsOTC 1801 NW 66th Avenue, Suite 100 Plantation, FL 33313

Please Note: Order forms should be mailed before the 20th of the month to ensure the order total is applied to the current benefit period. We encourage you to place an order online or by phone if the end of your benefit period is approaching. Please do not send cash or checks in the mail.





To see a complete list of your covered 2023 OTC products, please visit the **MyBenefits portal** at **LifeWorksAdvantage.NationsBenefits.com**

| Top Selling Products | 5 |
|------------------------------------|----|
| Bathroom Safety & Fall Prevention | 9 |
| Cold, Flu & Allergy | 9 |
| Dental & Denture Care | 10 |
| Diabetes Care | 10 |
| Digestive Health | 11 |
| Eye & Ear Care | 11 |
| First Aid & Medical Supplies | 11 |
| Foot Care | 12 |
| Hemorrhoidal Preparations | 12 |
| Home Diagnostic & Patient Aids | 12 |
| Incontinence Supplies | 13 |
| Pain Relief | 13 |
| Personal Care | 14 |
| Rehabilitation, Therapy & Exercise | 14 |
| Skin Care | 14 |
| Sleep Aids | 15 |
| Supports & Braces | 15 |
| Vitamins & Dietary Supplements | 15 |



Cough Drops, Cherry

Count: 30

Item #: 5220

\$3.00



Cough Drops, Honey Lemon

Count: 30

Item #: 5545

\$3.00



Cough Drops, Sugar-Free, **Black Cherry**

Count: 25

Item #: 5405

\$3.00



Medicated Lip Balm, 0.15 oz.

Count: 1

Item #: 5559

\$2.00



Vapor Rub, 3.5 oz.

Count: 1

Item #: 5511

\$5.00



Dental Floss, Reach® Mint Waxed

Count: 1

Item #: 5130

\$4.00



Denture Cleaning Tablets

Count: 40

Item #: 5546

\$4.00



Interdental Flossers

Count: 90

Item #: 5200

\$3.50



Toothbrush, Colgate® Adult Medium

Count: 1

Item #: 5101

\$3.00



Toothbrush, Colgate® **Adult Soft**

Count: 1

Item #: 5505

\$3.00

Toothpaste, Colgate® 4 oz. Count: 1

Colgate cavity

\$4.00 Item #: 5047

Alcohol Pads*

Count: 100



Artificial

Tears

Item #: 5295 \$3.50

Artificial Tears Drops, 0.5 oz.

Count: 1

Item #: 5004

\$4.50

Cotton Swabs

Count: 300

\$4.00 Item #: 5385

Bandages, Assorted*

Count: 100

\$4.50 Item #: 5173

Toothpaste, Crest® Sensi-Relief, 4.1 oz.

Count: 1

Item #: 5811

\$9.00

Antacid Chewables, Extra Strength, 750 mg.

Count: 96

Item #: 5438

\$4.50



Clear Eyes® Eye Drops, 0.2 oz.

Count: 1

Item #: 5487

\$4.00



Q-Tips® Cotton Swabs

Count: 170

Item #: 5608

\$4.00



Band-Aids®*

Count: 100

Item #: 5128

\$8.50



Hydrogen Peroxide, 3%, 8 oz. Count: 1

Item #: 5227

\$4.00

PARTIE CACCOLO S

Neosporin® Plus, 0.5 oz.

Count: 1

Item #: 5250

\$9.00

Procedural Face Masks
with Earloops
Count: 50



Item #: 5817 **\$12.00**

705 mary 1 ACCORD 1 160 n oc 1 170 str m. Rubbing Alcohol, 70%, 16 oz.*

Count: 1

Item #: 5541

\$4.00

CAREALL*

Triple Antibiotic Cintiment

Service Antibiotic Cintiment

Service Antibiotic Cintiment

Triple Antibiotic Ointment, 1 oz.

Count: 1

Item #: 5869

\$4.50

\$5.50

Vaseline® Jelly, 3.75 oz. Count: 1

Item #: 5127

Flushable Wipes*

\$4.50

Adult Washcloths Disposable*

Count: 48



Count: 24

Item #: 5529

\$5.50

OERI CAR'S

CAR'S

CITAS STEMOTH

SOUR

CHARLES THE MEAN

CHARLES

Acetaminophen Extra Strength Tablets, 500 mg.

Count: 100

Item #: 5447

Item #: 5303

\$6.50



Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.

Count: 120

Item #: 5090 **\$4.00**



Bayer® Enteric Coated Aspirin, Low Dose, 81 mg.

Count: 32

Item #: 5034

\$4.50



Salonpas® Patch

Count: 6

Item #: 5383

\$13.00



Aloe Vera Cream, 6 oz.

Count: 1

Item #: 5535

\$3.50



Coenzyme Q-10, 100 mg.[‡]

Count: 30

Item #: 5156

\$11.00



Glucosamine Chondroitin, 1,500 mg., 1,200 mg.

Count: 60

Item #: 5176

\$16.00



Cold Hot Medicated Patch

Count: 5

Item #: 5080

\$6.00



Tylenol® Extra Strength

Tablets, 500 mg.

Count: 100

Item #: 5423

\$17.00



Calcium + Vitamin D3 Tablets, 600 mg.[‡]

Count: 60

Item #: 5298

\$4.00



Fish Oil Softgels, 1,000 mg.[‡]

Count: 60

Item #: 5140

\$9.00



Vitamin D3, 125 mcg.[‡]

Count: 100

Item #: 5749

\$8.50

| Item # | Description | Count | Price |
|--------|--|---------|---------|
| | Bathroom Safety & Fall Prevention | | |
| 5647 | Bath Mat, Non-Skid | 1 ct. | \$14.00 |
| 5853 | Shower Mat, Non-Skid | 1 ct. | \$14.00 |
| 5806 | Slipper Socks, One Size Fits Most | 1 ct. | \$5.50 |
| | Cold, Flu & Allergy | | |
| 5252 | Abreva® Cream, 10%, 2 gm. | 1 ct. | \$24.00 |
| 5084 | Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg. | 24 ct. | \$4.50 |
| 5335 | Afrin® Nasal Spray, 0.05%, 0.5 oz. | 1 ct. | \$13.00 |
| 5790 | Airborne® Chew [‡] | 32 ct. | \$10.00 |
| 5606 | Blistex® Ointment, 0.15 oz. | 1 ct. | \$4.00 |
| 5344 | Carmex [®] | 1 ct. | \$2.50 |
| 5133 | Cepacol® Sore Throat Lozenges | 16 ct. | \$5.00 |
| 5052 | Cetirizine Allergy Tablets, 10 mg. | 30 ct. | \$8.00 |
| 5334 | Claritin® Tablets, 10 mg. | 10 ct. | \$18.00 |
| 5338 | Cough & Cold for High Blood Pressure | 16 ct. | \$5.00 |
| 5202 | Cough Drops, Halls® | 30 ct. | \$4.50 |
| 5126 | Cough Drops, Menthol | 30 ct. | \$3.00 |
| 5399 | Day & Night Cold & Flu Caplets | 20 ct. | \$6.00 |
| 5153 | Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz. | 1 ct. | \$6.00 |
| 5234 | DayQuil® Liquid, 325 mg., 10 mg., 5 mg., 8 oz. | 1 ct. | \$12.00 |
| 5451 | Diphenhydramine Allergy Tablets, 25 mg. | 24 ct. | \$3.00 |
| 5855 | Fexofenadine Allergy Tablets, 180 mg. | 30 ct. | \$11.00 |
| 5856 | Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg. | 1 ct. | \$21.00 |
| 5095 | Green Tea Flu & Cold Honey Lemon | 6 ct. | \$8.00 |
| 5857 | Loratadine Allergy Tablets, 10 mg. | 100 ct. | \$12.00 |
| 5465 | Mucinex® DM Tablets, 600 mg., 30 mg. | 20 ct. | \$17.00 |
| 5858 | Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg. | 14 ct. | \$10.00 |
| 5081 | Nasal Decongestion Spray, 0.05%, 1 oz. | 1 ct. | \$4.00 |
| 5040 | Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz. | 1 ct. | \$6.00 |
| 5233 | NyQuil® Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz. | 1 ct. | \$12.00 |
| 5005 | Robitussin® DM Syrup, 200 mg., 20 mg., 4 oz. | 1 ct. | \$11.00 |
| 5072 | Saline Nasal Spray, 0.65%, 1.5 oz. | 1 ct. | \$3.50 |

| Item # | Description | Count | Price |
|--------|--|--------|---------|
| | Cold, Flu & Allergy | | |
| 5693 | Sore Throat Lozenges, Cherry | 18 ct. | \$5.00 |
| 5023 | Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz. | 1 ct. | \$4.00 |
| 5008 | Tylenol® Sinus Congestion Caplets, 325 mg., 5 mg. | 24 ct. | \$12.00 |
| 5426 | Zyrtec® 10 mg. | 14 ct. | \$22.00 |
| | Dental & Denture Care | | |
| 5700 | Biotene® Dry Mouth Oral Rinse, 16 oz. | 1 ct. | \$14.00 |
| 5330 | Dental Floss, Mint Waxed | 1 ct. | \$3.00 |
| 5168 | Dental Travel Kit | 1 ct. | \$3.50 |
| 5260 | Denture Adhesive Cream, 2.4 oz. | 1 ct. | \$4.00 |
| 5626 | Denture Brush | 1 ct. | \$1.50 |
| 5808 | Efferdent® Plus Mint Tablets | 44 ct. | \$9.00 |
| 5204 | Efferdent® Tablets | 20 ct. | \$3.00 |
| 5379 | Fixodent® Cream, 2.4 oz. | 1 ct. | \$7.00 |
| 5195 | Oral Pain Relief Gel, 20%, 0.33 oz. | 1 ct. | \$3.00 |
| 5809 | Polident® Overnight | 84 ct. | \$12.00 |
| 5810 | Tongue Cleaner | 1 ct. | \$6.00 |
| 5510 | Toothbrush, Adult | 1 ct. | \$1.50 |
| 6051 | Toothbrush, Battery Powered | 1 ct. | \$17.00 |
| 5160 | Toothbrush, Rechargeable | 1 ct. | \$35.00 |
| 5161 | Toothbrush, Rechargeable Replacement Heads | 2 ct. | \$17.00 |
| 5702 | Toothbrush, Soft 2-pack | 1 ct. | \$5.50 |
| 5241 | Toothpaste Squeezer | 1 ct. | \$3.00 |
| 5102 | Toothpaste, Fluoride, 6.4 oz. | 1 ct. | \$3.00 |
| 5859 | Toothpaste, Pepsodent® 5.5 oz. | 1 ct. | \$3.50 |
| 5421 | Toothpaste, Sensitive Teeth, 4.3 oz. | 1 ct. | \$4.00 |
| 5294 | Toothpaste, Ultrabrite® 6 oz. | 1 ct. | \$4.00 |
| | Diabetes Care | | |
| 5812 | Diabetic Skin Relief Foot Cream, 4 oz. | 1 ct. | \$12.00 |
| 5225 | Diabetic Socks, Black, Medium, 3-pack | 1 ct. | \$7.00 |
| 5223 | Diabetic Socks, Black, Large, 3-pack | 1 ct. | \$7.00 |
| 5860 | Diabetic Socks, Black, X-Large, 3-pack | 1 ct. | \$7.00 |

| Item # | Description | Count | Price |
|--------|---|---------|---------|
| | Diabetes Care | | |
| 5224 | Diabetic Socks, White, Medium, 3-pack | 1 ct. | \$7.00 |
| 5222 | Diabetic Socks, White, Large, 3-pack | 1 ct. | \$7.00 |
| | Digestive Health | | |
| 5214 | Alka-Seltzer® Tablets | 24 ct. | \$8.00 |
| 5304 | Antacid Chewables, 500 mg. | 150 ct. | \$5.00 |
| 5420 | Docusate Sodium Stool Softener Softgels, 100 mg. | 100 ct. | \$5.00 |
| 5079 | Famotidine Acid Reducer, 10 mg.* | 30 ct. | \$5.00 |
| 5280 | Gas Relief Chewable Tablets, 80 mg. | 100 ct. | \$6.00 |
| 5009 | Gas-X® ES Chewables, 125 mg. | 18 ct. | \$10.00 |
| 5429 | Loperamide Anti-Diarrheal Caplets, 2 mg.* | 12 ct. | \$5.00 |
| 5863 | Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.* | 42 ct. | \$23.00 |
| 5286 | Pepto-Bismol® 525 mg., 8 oz. | 1 ct. | \$8.00 |
| 5287 | Pepto-Bismol® 525 mg., 16 oz. | 1 ct. | \$12.00 |
| 5289 | Pepto-Bismol® Tablets, 262 mg. | 30 ct. | \$8.00 |
| 5696 | Polyethylene Glycol Powder Laxative, 8.3 oz. | 1 ct. | \$13.50 |
| 5212 | Senna + Laxative Tablets, 50 mg., 8.6 mg. | 60 ct. | \$3.00 |
| 5800 | TUMS® Extra Strength, 750 mg. | 96 ct. | \$7.50 |
| 5247 | Vitafusion® Fiber Gummy [‡] | 90 ct. | \$17.00 |
| | Eye & Ear Care | | |
| 5189 | Earwax Removal Drops, 6.5%, 0.5 oz. | 1 ct. | \$3.00 |
| 5704 | Earwax Removal System with Rubber Bulb, 6.5% | 1 ct. | \$9.00 |
| 5041 | Irritation Relief Eye Drops, 0.5 oz. | 1 ct. | \$7.00 |
| 5048 | Redness Relief Eye Drops, 0.5 oz. | 1 ct. | \$3.00 |
| 5494 | Visine® Redness Relief Drops, 0.5 oz. | 1 ct. | \$12.00 |
| | First Aid & Medical Supplies | | |
| 5404 | Adhesive First Aid Tape* | 1 ct. | \$3.00 |
| 6005 | Antiseptic Towelettes | 100 ct. | \$6.00 |
| 5798 | Bacitracin Ointment, 1 oz. | 1 ct. | \$4.00 |
| 5151 | Bandage, Stretch Gauze* | 1 ct. | \$2.00 |
| 5203 | Benadryl® Cream, 1 oz. | 1 ct. | \$8.00 |
| 5547 | Burn Relief Spray, 4 oz. | 1 ct. | \$6.00 |
| 5199 | Butterfly Closures | 12 ct. | \$3.00 |

| Item # | Description | Count | Price |
|--------|--|---------|---------|
| | First Aid & Medical Supplies | | |
| 5192 | Cotton Balls | 100 ct. | \$4.00 |
| 5078 | Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz. | 1 ct. | \$4.00 |
| 5194 | Disposable Gloves, Nitrile, Small | 100 ct. | \$16.00 |
| 5193 | Disposable Gloves, Nitrile, Medium | 100 ct. | \$16.00 |
| 5191 | Disposable Gloves, Nitrile, Large | 100 ct. | \$16.00 |
| 5930 | Disposable Gloves, Nitrile, X-Large | 100 ct. | \$16.00 |
| 5612 | First Aid Kit, 75 Pieces | 1 ct. | \$7.50 |
| 5711 | First Aid Kit, 175 Pieces | 1 ct. | \$15.00 |
| 5605 | Flex Seal™ Spray Bandage, 1.35 oz.* | 1 ct. | \$7.00 |
| 5400 | Hydrocortisone Cream, 1%, 1 oz. | 1 ct. | \$4.00 |
| 5527 | Hydrogen Peroxide, 3%, 4 oz. | 1 ct. | \$2.00 |
| 5317 | Ice Bag | 1 ct. | \$5.00 |
| 5045 | Liquid Bandage, 0.3 oz. | 1 ct. | \$8.00 |
| 5059 | Neosporin® Ointment, 0.5 oz. | 1 ct. | \$8.00 |
| 5437 | Petroleum Jelly, 4 oz. | 1 ct. | \$3.00 |
| 5131 | Tape, Paper Surgical, 1" x 10 yd.* | 1 ct. | \$2.00 |
| 4039 | Triple Antibiotic + Pain Relief Ointment, 1 oz. | 1 ct. | \$4.00 |
| | Foot Care | | |
| 5216 | Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz. | 1 ct. | \$4.00 |
| 5543 | Foot Powder, 4 oz. | 1 ct. | \$5.00 |
| 5165 | Tolnaftate Antifungal Cream, 1%, 1.25 oz. | 1 ct. | \$5.00 |
| | Hemorrhoidal Preparations | | |
| 5414 | Hemorrhoid Ointment, 2 oz. | 1 ct. | \$5.00 |
| 5820 | Preparation H® Medicated Wipes | 48 ct. | \$11.00 |
| | Home Diagnostic & Patient Aids | | |
| 5813 | Activity Tracker | 1 ct. | \$55.00 |
| 5119 | Bathroom Scale, Digital ^{‡§} | 1 ct. | \$35.00 |
| 5814 | Bathroom Scale, Digital Talking ^{‡§} | 1 ct. | \$45.00 |
| 5371 | Blood Pressure Monitor, Upper Arm Automatic [‡] | 1 ct. | \$35.00 |
| 5573 | Blood Pressure Monitor, Upper Arm Talking [‡] | 1 ct. | \$45.00 |
| 5370 | Blood Pressure Monitor, Wrist [‡] | 1 ct. | \$30.00 |
| 5872 | Blood Pressure Monitor, Wrist Talking [‡] | 1 ct. | \$40.00 |

| Item # | Description | Count | Price |
|--------|--|---------|---------|
| | Home Diagnostic & Patient Aids | | |
| 5821 | Kitchen Scale, Digital [‡] | 1 ct. | \$25.00 |
| 5500 | Long Handle Bath Sponge | 1 ct. | \$8.00 |
| 5639 | Night Light | 1 ct. | \$4.00 |
| 5242 | Pill Box, 7 Day, 1 Time a Day | 1 ct. | \$4.00 |
| 5508 | Pill Box, 7 Day, AM & PM | 1 ct. | \$9.00 |
| 5824 | Pill Cutter with Safety Shield | 1 ct. | \$7.00 |
| 5096 | Pulse Oximeter [‡] | 1 ct. | \$35.00 |
| 5098 | Reaching Aid Device | 1 ct. | \$16.50 |
| 5656 | Shoe Horn | 1 ct. | \$2.00 |
| 5149 | Thermometer, 60 Second | 1 ct. | \$3.00 |
| 6048 | Thermometer, Digital Ear | 1 ct. | \$28.00 |
| 5627 | Thermometer, Talking Ear & Forehead | 1 ct. | \$48.50 |
| | Incontinence Supplies | | |
| 5525 | A&D Ointment, 4 oz. | 1 ct. | \$3.00 |
| 5879 | Attends® Discreet Women's Moderate Bladder Control Pad* | 20 ct. | \$8.00 |
| 5880 | Attends® Discreet Women's Maximum Bladder Control Pad* | 20 ct. | \$9.00 |
| 5881 | Attends® Discreet Women's Panty Liner* | 28 ct. | \$6.50 |
| 5716 | Attends® Discreet Women's Ultrathin Pad* | 20 ct. | \$8.00 |
| 5825 | Bathing Wipes | 8 ct. | \$7.00 |
| 5883 | Disposable Underwear Pull-Up, Medium, 34" to 44"* | 20 ct. | \$15.00 |
| 5882 | Disposable Underwear Pull-Up, Large, 44" to 58"* | 18 ct. | \$15.00 |
| 5884 | Disposable Underwear Pull-Up, X-Large, 58" to 68"* | 14 ct. | \$15.00 |
| 6058 | Underpad, Disposable, 23" x 24"* | 50 ct. | \$14.00 |
| 5722 | Underpad, Disposable, 30" x 30"* | 10 ct. | \$10.00 |
| | Pain Relief | | |
| 5430 | Acetaminophen Arthritis, 650 mg. | 100 ct. | \$11.00 |
| 5428 | Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg. | 50 ct. | \$3.00 |
| 6039 | Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg. | 100 ct. | \$7.00 |
| 5302 | Acetaminophen Tablets, 325 mg. | 100 ct. | \$4.00 |
| 5054 | Advil® LiquiGels, 200 mg. | 20 ct. | \$8.00 |
| 5053 | Advil® Tablets, 200 mg. | 50 ct. | \$12.00 |
| 5375 | After Bite® Relief, 0.5 oz. | 1 ct. | \$6.00 |

| Item # | Description | Count | Price |
|--------|--|---------|---------|
| | Pain Relief | | |
| 5256 | Aleve® Caplets, 220 mg. | 90 ct. | \$15.00 |
| 4040 | Aspercreme® with Lidocaine, 4%, 2.7 oz. | 1 ct. | \$13.00 |
| 5073 | Aspirin Chewables, Low Dose, 81 mg. | 36 ct. | \$2.50 |
| 5493 | Bengay® Cream, 2 oz. | 1 ct. | \$9.00 |
| 4007 | Capsaicin Heat Patch, 0.025% | 2 ct. | \$2.00 |
| 4038 | Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz. | 1 ct. | \$12.00 |
| 5011 | Excedrin® Migraine Tablets, 250 mg., 250 mg., 65 mg. | 24 ct. | \$8.00 |
| 5314 | Fast Freeze® Pain Relief Spray, 4 oz. | 1 ct. | \$9.00 |
| 5472 | Heating Pad, 12" x 15"* | 1 ct. | \$22.00 |
| 5726 | Heating Pad, X-Large, 12" x 24"* | 1 ct. | \$35.00 |
| 5725 | Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"* | 1 ct. | \$60.00 |
| 5886 | HeatWraps, Back & Hip | 2 ct. | \$6.00 |
| 5887 | HeatWraps, Neck & Shoulder | 3 ct. | \$6.00 |
| 5093 | Ibuprofen Tablets, 200 mg. | 50 ct. | \$3.00 |
| 5485 | Ibuprofen Tablets, 200 mg. | 100 ct. | \$5.00 |
| 5342 | Icy Hot® Pain Relief Roll-On, 16%, 2.5 oz. | 1 ct. | \$9.00 |
| 5341 | Icy Hot® Patch, 5% | 5 ct. | \$8.00 |
| 5888 | Lidocaine Patch, 4% | 5 ct. | \$9.00 |
| 5457 | Muscle Rub Cream, 1.25 oz. | 1 ct. | \$3.00 |
| 5425 | Tylenol® PM Extra Strength Tablets, 500 mg. | 24 ct. | \$11.00 |
| | Personal Care | | |
| 5390 | Anti-Dandruff Shampoo, 11 oz. | 1 ct. | \$5.00 |
| | Rehabilitation, Therapy & Exercise | | |
| 6073 | Pedal Exerciser | 1 ct. | \$50.00 |
| | Skin Care | | |
| 5169 | Anti-Bacterial Wet Wipes | 24 ct. | \$3.00 |
| 5091 | Dry Skin Cream, 16 oz. | 1 ct. | \$9.00 |
| 5924 | Hand Sanitizer Gel, 8 oz. | 1 ct. | \$4.50 |
| 5486 | Insect Repellent, Cutter® Backwoods, 6 oz. | 1 ct. | \$8.00 |
| 6036 | Moisturizing Body Lotion with Aloe, 8 oz. | 1 ct. | \$6.00 |
| 5665 | Sunscreen, SPF 30, 4 oz. | 1 ct. | \$6.00 |

| Item # | Description | Count | Price |
|--------|---|---------|---------|
| | Sleep Aids | | |
| 5074 | Diphenhydramine Sleep Tablets | 50 ct. | \$5.00 |
| | Supports & Braces | | |
| 5526 | Hot Cold Reusable Pack, 5" x 10" | 1 ct. | \$4.00 |
| | Vitamins & Dietary Supplements | | |
| 5359 | Biotin Gummy, 5,000 mcg. [‡] | 60 ct. | \$8.50 |
| 5300 | Calcium, 600 mg. [‡] | 60 ct. | \$6.00 |
| 5355 | Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg. [‡] | 60 ct. | \$12.00 |
| 5739 | Calcium Chew, Chocolate, 650 mg. [‡] | 60 ct. | \$10.00 |
| 5001 | Centrum® Silver Vitamins‡ | 125 ct. | \$22.00 |
| 5918 | Daily Multivitamin Gummy [‡] | 120 ct. | \$12.00 |
| 5448 | Eye Supplement Tablets [‡] | 60 ct. | \$4.00 |
| 5299 | Ferrous Sulfate Iron Supplement, 325 mg.‡ | 100 ct. | \$3.00 |
| 5271 | Flaxseed Oil Softgels, 1,000 mg.‡ | 100 ct. | \$8.00 |
| 6026 | Glucosamine (Joint Health Support), 500 mg.‡ | 60 ct. | \$9.00 |
| 5436 | Lutein, 20 mg. [‡] | 60 ct. | \$11.00 |
| 5742 | Magnesium, 250 mg.‡ | 110 ct. | \$6.00 |
| 5328 | Magnesium, 500 mg.‡ | 100 ct. | \$7.00 |
| 5273 | Melatonin, 3 mg. [‡] | 90 ct. | \$6.00 |
| 5358 | Melatonin Gummy, 5 mg.‡ | 120 ct. | \$12.00 |
| 5920 | One Daily Men's Multivitamin [‡] | 100 ct. | \$6.00 |
| 5186 | One Daily Women's Multivitamin [‡] | 100 ct. | \$6.00 |
| 5132 | Senior Multivitamin [‡] | 90 ct. | \$7.00 |
| 4005 | Senior Men's Multivitamin [‡] | 100 ct. | \$9.00 |
| 4006 | Senior Women's Multivitamin [‡] | 100 ct. | \$9.00 |
| 5746 | Vitamin B-12, 500 mcg. [‡] | 100 ct. | \$6.00 |
| 6060 | Vitamin B-12, 1,000 mcg. [‡] | 100 ct. | \$9.50 |
| 5922 | Vitamin B-12, Sublingual, 5,000 mcg. [‡] | 30 ct. | \$6.50 |
| 5305 | Vitamin B-Complex [‡] | 100 ct. | \$4.00 |
| 5179 | Vitamin B-Complex + Vitamin C [‡] | 100 ct. | \$7.00 |
| 5301 | Vitamin C, 500 mg. [‡] | 100 ct. | \$5.00 |
| 5748 | Vitamin C, 1,000 mg. [‡] | 100 ct. | \$9.00 |
| 5492 | Vitamin C Gummy, 250 mg. [‡] | 60 ct. | \$9.00 |

| Item # | Description | Count | Price |
|--------|----------------------------------|---------|---------|
| | Vitamins & Dietary Supplements | | |
| 5175 | Vitamin D3, 10 mcg. [‡] | 100 ct. | \$4.00 |
| 5183 | Vitamin D3, 25 mcg. [‡] | 100 ct. | \$8.00 |
| 5356 | Vitamin D3 Gummy, 50 mcg.‡ | 60 ct. | \$11.00 |
| 5269 | Vitamin E, 180 mg. [‡] | 110 ct. | \$9.00 |
| 5274 | Zinc Tablets, 50 mg.‡ | 100 ct. | \$6.00 |

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions.

^{*}Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

[‡] Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

[§] Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention.



STEP 1 – Fill Out Your Personal Information **Member ID** (found on member ID card) Date of Birth (MM/DD/YYYY) **Last Name First Name** Apt/Suite # Street # **Street Name** City State **ZIP Code** Phone **Email STEP 2** – Make Your Selection ITEM # **PRICE** QUANTITY **TOTAL DESCRIPTION** \$



| Γ ΕΜ # | DESCRIPTION | PRICE | QUANTITY | TOTAL |
|---------------|-------------|-------|----------|----------|
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | _ | | | \$ |
| Total Order | Amount | | | \$ \$ |

NOTE: If the total amount exceeds your benefit allowance, a Member Experience Advisor will call you to collect payment before your order can be processed.

STEP 3 – Mail Completed Form

Send the completed order form using the postage-paid envelope to:

NationsOTC 1801 NW 66th Avenue, Suite 100 Plantation, FL 33313

If you have any questions or need assistance placing your order, please call NationsOTC at **833-689-1751 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available free of charge.

I understand that the phone numbers and/or emails I provided on this form may be used by NationsOTC or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

IMPORTANT: Please mail your order form no later than the 20th of the month to ensure your order total is applied to the current benefit period. If you need your order sooner, please go online or call.

Notes:



| You can use this page to write down helpful information for future orders such as item numbers, product descriptions, and any questions you may want to ask a Member Experience Advisor on your next call. |
|--|
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |





1801 NW 66th Avenue, Suite 100 Plantation, FL 33313

Get started today!



Visit us online at LifeWorksAdvantage. NationsBenefits.com



Download the MyBenefits app to your mobile device





Call us at 833-689-1751 (TTY: 711)



Complete and mail an order form to **NationsOTC**





If you have any questions or need help placing your order, we're here for you. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available if needed, free of charge.