



# 2023 Summary of Benefits

## LifeWorks Freedom (HMO I-SNP)

H2185, Plan 003

**This is a summary of drug and health services covered by LifeWorks Freedom (HMO I-SNP) January 1, 2023 - December 31, 2023.**

LifeWorks Freedom (HMO I-SNP) is a Medicare Advantage HMO Plan (HMO stands for Health Maintenance Organization) with a Medicare contract. Enrollment in the Plan depends on contract renewal.

This information is not a complete description of benefits. Call 1-844-854-6883, TTY should call 711, for more information.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, visit our website at [LifeWorksAdvantage.com](https://www.lifeworksadvantage.com), or call Member Services and request the *Evidence of Coverage*.

### **To Reach Our Member Services Representatives:**

- Toll Free 1-844-854-6883, TTY/TDD should call 711.
- Hours of operation: 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.

### **To join LifeWorks Freedom (HMO I-SNP), you must:**

- be entitled to Medicare Part A,
- -- *and* -- be enrolled in Medicare Part B,
- -- *and* -- live in our service area,
- -- *and* -- reside in one of our participating nursing facilities for greater than 90 days or live in a community setting (including in an assisted living or independent living community) and meet

the institutional level of care. The plan's *Provider Directory* has a list of participating nursing facilities. You can access this list on our website [LifeWorksAdvantage.com](https://www.lifeworksadvantage.com) or call Member Services and ask us to send you a list.

Our service area includes these counties in Virginia: Albemarle, Appomattox, Arlington, Caroline, Chesapeake City, Culpeper, Danville City, Franklin, Hanover, Henrico, Louisa, Pittsylvania, Pulaski, Richmond City, Roanoke, Roanoke City, and Salem City.

LifeWorks Freedom (HMO I-SNP) has a network of doctors, hospitals, pharmacies, and other providers that can be found on our website at [LifeWorksAdvantage.com](https://www.lifeworksadvantage.com). If you use providers that are not in our network, the plan may not pay for these services.

This document is also available in braille and in large print.

If you want to know more about the coverage and costs of Original Medicare, look in your current “**Medicare & You 2023**” handbook. View it online at <https://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

	<b>LifeWorks Freedom (HMO I-SNP)</b>
<b>Monthly Plan Premium</b> <i>(includes both medical and drugs)</i>	\$0 You must continue to pay your Medicare Part B premium.
<b>Deductible</b>	The Part B deductible is \$226. The Part A deductible is \$0.
<b>Maximum out-of-pocket amount</b> (does not include Part D Prescription drugs)	\$4,700
<b>Inpatient Hospital coverage</b>	\$150 copayment each day for days 1 to 10 and \$0 copayment each day for days 11 to 90 for Medicare-covered hospital care.  \$0 copayment for additional Medicare-covered days.  Per stay benefit period. <i>Prior authorization is required.</i>
<b>Outpatient Hospital coverage</b>  Outpatient hospital services  Outpatient hospital observation services	20% coinsurance <i>Authorization required for Infusion therapy and specific surgery procedures.</i>  \$100 copayment per stay <i>Prior authorization is required.</i>
<b>Ambulatory Surgical Center (ASC)</b>	20% coinsurance <i>Prior authorization is required.</i>
<b>Doctor Visits</b>  Primary Care Providers  Specialists	\$0 copayment  \$15 copayment
<b>Preventive Care (e.g., flu vaccine, diabetic screenings)</b>	You pay nothing.
<b>Emergency care</b>	\$90 copayment Copayment is waived if you are admitted to a hospital within 3 days.

	<b>LifeWorks Freedom (HMO I-SNP)</b>
<b>Urgently needed services</b>	\$55 copayment Copayment is waived if you are admitted to a hospital within 3 days.
<b>Diagnostic Services/Labs/Imaging</b>	
Diagnostic tests and procedures	20% coinsurance <i>No Authorization required when services are rendered in a Nursing Facility or Physician Office.</i>
Diagnostic radiology services (e.g. MRI, CAT Scan)	20% coinsurance <i>Prior authorization is required.</i>
Lab services	\$0 copayment <i>No authorization required for lab services except for genetic testing, which does require authorization.</i>
Outpatient X-rays	\$0 copayment <i>X-rays do not require authorization when service rendered in nursing facility or physician office.</i>
Therapeutic Radiology	20% coinsurance <i>Prior authorization is required.</i>

	<b>LifeWorks Freedom (HMO I-SNP)</b>
<b>Hearing services</b> Hearing exam  <i>Supplemental benefits</i> Routine hearing exam  Fitting-evaluation(s) for hearing aids  <b>Hearing aids</b>	20% coinsurance for each Medicare-covered service.  \$0 copayment Limited to 1 visit every year \$0 copayment  Up to a \$1,000 credit for both ears combined every year for hearing aids.  <i>Prior authorization is required for hearing aids only.</i>
<b>Dental services</b> Medicare-covered dental  <i>Supplemental benefits</i> Preventive and comprehensive services	20% coinsurance for each Medicare-covered service. <i>Prior authorization is only required for Medicare-covered comprehensive dental services.</i>  \$0 copayment  2 Oral Exams every year; 2 Prophylaxis (Cleanings) every year; 2 Dental X-Rays every year Up to an annual maximum of \$500 towards preventive or comprehensive dental services every year.
<b>Vision care</b>  Exam to diagnose and treat diseases and conditions of the eye  For people with diabetes, screening for diabetic retinopathy is covered once per year.  Eyewear after cataract surgery  Glaucoma screening  <i>Supplemental benefits</i> Routine eye exam	20% coinsurance for each Medicare-covered service.  20% coinsurance for each Medicare-covered service.  \$0 copayment for each Medicare-covered service.  \$0 copayment for each Medicare-covered service.  \$0 copayment Limited to 1 visit every year

	<b>LifeWorks Freedom (HMO I-SNP)</b>
<b>Additional routine eyewear</b> <ul style="list-style-type: none"> <li>○ Contact lenses</li> <li>○ Eyeglass lenses</li> <li>○ Eyeglass frames</li> <li>○ Eyeglasses (lenses and frames)</li> <li>○ Upgrades</li> </ul>	Up to a \$200 combined credit every year.
<b>Mental Health Services</b>  Inpatient visit   Outpatient group therapy visit   Outpatient individual therapy visit	\$195 copayment each day for days 1 to 8 and \$0 copayment each day for days 9 to 90 for Medicare-covered hospital care. \$0 copayment for an additional 60 lifetime reserve days. <i>Prior authorization is required.</i>  \$10 copayment  \$20 copayment
<b>Skilled nursing facility (SNF) care</b>	\$0 copayment for each Medicare-covered skilled nursing facility stay. <i>Prior authorization may be required. Please contact the plan for additional details.</i>
<b>Physical Therapy</b>	\$0 copayment <i>Prior authorization may be required. Please contact the plan for additional details.</i>
<b>Ambulance services</b>  Ground Ambulance   Air Ambulance	20% coinsurance <i>Prior authorization is required for non-emergency Medicare services.</i>  20% coinsurance <i>Prior authorization is required for non-emergency Medicare-services.</i>
<b>Transportation (Non-Emergency)</b>	<u>Not</u> covered

	<b>LifeWorks Freedom (HMO I-SNP)</b>
<b>Medicare Part B prescription drugs</b>	
Chemotherapy/Radiation drugs	20% coinsurance <i>For chemotherapy, authorization is required for the initial drug approval only.</i>
Other Part B drugs	20% coinsurance <i>Prior authorization is required for some medications.</i>

	LifeWorks Freedom (HMO I-SNP)	
Outpatient Prescription Drugs		
	Standard retail cost-sharing (in-network) (up to a 30-day supply)	Long-term care (LTC) cost-sharing (up to a 31-day supply)
Deductible	\$505 for Tier 2, Tier 3, Tier 4, and Tier 5 Part D prescription drugs. For all other drugs, you will not have to pay any deductible and will start receiving coverage immediately.	
Tier 1 (Preferred Generic)	\$2 copayment	\$2 copayment
Tier 2 (Generic)	\$15 copayment	\$15 copayment
Tier 3 (Preferred Brand)	\$45 copayment	\$45 copayment
Tier 4 (Non-Preferred Brand)	\$95 copayment	\$95 copayment
Tier 5 (Specialty Tier)	25% coinsurance	25% coinsurance
Coverage Gap	After your total drug costs (including what our plan has paid and what you have paid) reach \$4,660, you will pay no more than 25% coinsurance for generic drugs or 25% coinsurance for brand name drugs, for any drug tier during the coverage gap.	
Catastrophic Coverage	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$7,400, you pay the greater of: <ul style="list-style-type: none"><li>• 5% coinsurance, or</li><li>• \$4.15 copayment for generic (including brand drugs treated as generic) and a \$10.35 copayment for all other drugs.</li></ul>	

Cost-sharing may differ based on point-of-service (retail, Long Term Care (LTC)), home infusion, whether the pharmacy is in our standard network, or whether the prescription is a short-term (30-day supply) or long term (90-day supply).



**Important Message About What You Pay for Vaccines** - Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Member Services for more information.

**Important Message About What You Pay for Insulin** - You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.

## Additional Benefits

	LifeWorks Freedom (HMO I-SNP)
<b>Acupuncture services</b> Acupuncture for chronic low back pain <i>Supplemental benefits</i> Additional acupuncture services	20% coinsurance for Medicare-covered services.  \$30 copayment Limited to 12 visit(s) every year.
<b>Chiropractic services</b> Manual manipulation of the spine to correct subluxation  Routine chiropractic care	20% coinsurance for Medicare-covered services. <i>Prior authorization is required.</i>  \$30 copayment Limited to 12 visit(s) every year
<b>Diabetic monitoring supplies</b>	\$0 copayment
<b>Occupational therapy</b>	\$0 copayment <i>Prior authorization may be required. Please contact the plan for additional details.</i>
<b>Over-the-counter benefit</b>	\$0 copayment You are eligible for a \$125 credit per quarter to be used toward the purchase of over-the-counter (OTC) health and wellness products. Please contact the plan for additional details. Unused credits do not roll over to the next period.
<b>Podiatry services (Foot care)</b> Foot exams and treatment  <i>Supplemental Benefit</i> <b>Additional routine foot care</b>	20% coinsurance for each Medicare-covered service.  \$0 copayment Limited to 4 visit(s) every year

## Pre-Enrollment Checklist

LifeWorks Advantage I-SNP (HMO I-SNP)

LifeWorks Freedom (HMO I-SNP)

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-844-854-6883 (TTY 711).

### Understanding the Benefits

- ☐ The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit [LifeWorksAdvantage.com](https://www.lifeworksadvantage.com) or call 1-844-854-6883 (TTY 711) to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- ☐ Review the formulary to make sure your drugs are covered.

### Understanding Important Rules

- ☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/co-insurance may change on January 1, 2024.
- ☐ Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
- ☐ **For I-SNP enrollees only:** This plan is an institutional special needs plan (I-SNP). Your ability to enroll will be based on verification that you, for 90 days or longer, have had or are expected to need the level of services provided in a skilled nursing facility, a nursing facility, an intermediate care facility for individuals with intellectual and developmental disabilities, a psychiatric hospital or unit, a rehabilitation hospital or unit, a long-term care hospital, a swing-bed hospital, or a facility approved by CMS that furnishes similar services.

# **Pre-Enrollment Checklist**

LifeWorks Advantage I-SNP (HMO I-SNP)

LifeWorks Freedom (HMO I-SNP)

LifeWorks Advantage is an HMO I-SNP with a Medicare contract. Enrollment in LifeWorks Advantage depends on contract renewal.

Out-of-network/non-contracted providers are under no obligation to treat LifeWorks Advantage members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

LifeWorks Advantage complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-854-6883 (TTY 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다 1-844-854-6883 (TTY 711).

## Multi-Language Insert

### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-844-854-6883. Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-844-854-6883. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-844-854-6883。我们的中文工作人员很乐意帮助您。这是一项免费服务。

**Chinese Cantonese:** 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-844-854-6883。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-844-854-6883. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-844-854-6883. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-844-854-6883 sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-844-854-6883. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

**Korean:** 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-844-854-6883 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-844-854-6883. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

**Arabic:** إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول سيقوم شخص ما يتحدث العربية 1-844-854-6883 على مترجم فوري، ليس عليك سوى الاتصال بنا على بمساعدتك. هذه خدمة مجانية.

**Hindi:** हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-844-854-6883 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-844-854-6883. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Português:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-844-854-6883. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-844-854-6883. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-844-854-6883. Ta usługa jest bezpłatna.

**Japanese:** 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、1-844-854-6883 にお電話ください。日本語を話す人 者が支援いたします。これは無料のサービスです。