

Keep this catalog for future orders

2024 Over-the-Counter (OTC) and Grocery Product Catalog

Grocery products available to members with certain chronic conditions.
Contact the Plan to find out if you qualify.



Get OTC and Grocery products delivered to your doorstep at no additional cost!
LifeWorksAdvantage.NationsBenefits.com



Personalize Your Shopping with NationsBenefits®

Hello, Valued Member:

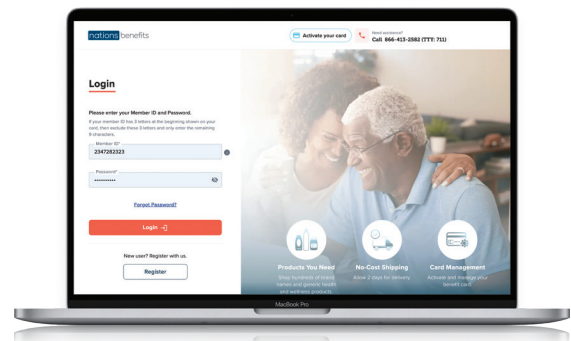
We would like to take this opportunity to welcome you and thank you for choosing **Lifeworks Advantage** to participate in your health care. You have an OTC and Grocery benefit through **NationsBenefits** that gives you access to hundreds of OTC and Grocery products across a variety of categories.

Using your benefit allowance is easy and we encourage you to keep this catalog where it is easily accessible. This booklet includes an order form and postage-paid envelope for your convenience.

You also have access to the personalized Benefits Pro Portal, making ordering even easier. Get started by visiting **LifeWorksAdvantage.NationsBenefits.com** and log into your account. If this is your first time visiting the portal, please register by following the instructions on the webpage.

Once logged in, you can easily:

- **Search** by category, price, and more
- **View** product descriptions, images, and related condition information
- **Check** your available benefit allowance
- **Order** health and wellness products
- **Track** your order status in real-time



If you need help with the Benefits Pro Portal or placing an order, please call **833-689-1751 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time. Language support services are available if needed, free of charge.

Sincerely,

Your NationsBenefits Team

Helpful Benefit Information



You can save time and money by using your OTC benefit allowance to order the items you need to personalize your care. We encourage you to spend your full allowance before the end of your benefit period.

Additional information about your OTC and Grocery benefit is outlined below:



Benefit Usage:

This benefit is only for you and cannot be used for your family or friends.



Availability:

Items, amounts, sizes, and values are subject to change depending on availability.



Substitution:

If an item is out of stock, a similar product of equal or higher value will be shipped.



Delivery:

Please allow two business days for delivery.



Returns:

Due to the personal nature of these products, you do not have to ship products you wish to return back to NationsBenefits.



Disenrollment:

If you disenroll from your health plan, your OTC and Grocery benefit will automatically end.

Ordering OTC and Grocery Products Has Never Been Easier

Choose the best ordering option for you.



Benefits Pro Portal



To place an order through the Benefits Pro Portal, scan the QR code using your smartphone camera or visit: LifeWorksAdvantage.NationsBenefits.com



Benefits Pro App



To place an order through the Benefits Pro app, scan the QR code using your smartphone or search “**Benefits Pro**” in the App Store or Google Play.



Mail

To place an order by mail, send your completed order form using the postage-paid envelope to:

NationsBenefits
1700 N. University Drive
Plantation, FL 33322

Important: Due to the added time to receive your request by mail, we encourage you to allow extra time when placing your order. If your order is not received by the 20th of the month, it may be processed for the following benefit period. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.



Call

To place an order by phone, please call **833-689-1751 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time.

Product Categories



To see a complete list of your covered 2024 OTC and Grocery products, please visit the **Benefits Pro portal** at **LifeWorksAdvantage.NationsBenefits.com**

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Please note that the prices shown do not include sales tax.

Top Selling Products



Dental Floss, Mint Waxed
Count: 1

Item #: 5330 \$3.50



Dental Floss, Reach®
Mint Waxed
Count: 1

Item #: 5130 \$4.00



Dental Travel Kit
Count: 1

Item #: 5168 \$7.00



Denture Cleaning Tablets
Count: 40

Item #: 5546 \$5.50



Interdental Flossers
Count: 90

Item #: 5200 \$4.50



Mouthwash, Listerine®
Mint, 8.5 oz.
Count: 1

Item #: 4110 \$6.50



Toothbrush, Adult
Count: 1

Item #: 5510 \$2.00



Toothbrush, Colgate®
Adult Medium
Count: 1

Item #: 5101 \$3.50



Toothbrush, Colgate®
Adult Soft
Count: 1

Item #: 5505 \$3.50



Toothbrush, Soft 2-pack
Count: 1

Item #: 5702 \$6.00

Please note that the prices shown do not include sales tax.

Top Selling Products

Toothpaste, Colgate®, 4 oz.
Count: 1



Item #: 5047 \$6.00

Toothpaste, Fluoride, 6.4 oz.
Count: 1



Item #: 5102 \$5.50

Toothpaste, Sensodyne®
Extra Whitening Sensitive
Teeth, 4 oz.
Count: 1



Item #: 4065 \$11.50

Artificial Tears Drops, 0.5 oz.
Count: 1



Item #: 5004 \$6.25

Q-Tips® Cotton Swabs
Count: 170



Item #: 5608 \$5.00

Toothpaste, Crest®
Sensi-Relief, 4.1 oz.
Count: 1



Item #: 5811 \$9.75

Toothpaste, Sensitive Teeth,
4.3 oz.
Count: 1



Item #: 5421 \$5.00

Alcohol Pads*
Count: 100



Item #: 5295 \$4.50

Cotton Swabs
Count: 300



Item #: 5385 \$4.50

Feminine Hygiene Wipes
Count: 40



Item #: 5114 \$5.50

Please note that the prices shown do not include sales tax.

Top Selling Products



Bandages, Assorted*
Count: 100

Item #: 5173 \$6.00



Cotton Balls
Count: 100

Item #: 5192 \$4.00



Disposable Gloves,
Nitrile, Large
Count: 100

Item #: 5191 \$17.00



Night Light
Count: 1

Item #: 5639 \$6.00



Attends® Discreet Women's
Maximum Bladder
Control Pad*
Count: 20

Item #: 5880 \$11.00



Band-Aids®*
Count: 100

Item #: 5128 \$12.50



Disposable Gloves,
Nitrile, Medium
Count: 100

Item #: 5193 \$17.00



Petroleum Jelly, 4 oz.
Count: 1

Item #: 5437 \$4.00



Adult Washcloths Disposable*
Count: 48

Item #: 5447 \$7.00



Bathing Wipes
Count: 8

Item #: 5825 \$9.00

Please note that the prices shown do not include sales tax.

Top Selling Products



Disposable Underwear
Pull-Up, Medium, 34" to 44"*
Count: 20

Item #: 5883 \$17.00



Disposable Underwear
Pull-Up, Large, 44" to 58"*
Count: 18

Item #: 5882 \$17.00



Flushable Wipes*
Count: 24

Item #: 5529 \$7.50



Anti-Dandruff Shampoo, 11 oz.
Count: 1

Item #: 5390 \$5.50



Aloe Vera Cream, 6 oz.
Count: 1

Item #: 5535 \$4.50



Anti-Bacterial Wet Wipes
Count: 20

Item #: 5169 \$4.50



Dry Skin Cream, 16 oz.
Count: 1

Item #: 5091 \$10.50



Insect Repellent, Cutter®
Backwoods, 6 oz.
Count: 1

Item #: 5486 \$9.00



Moisturizing Body Lotion with
Aloe, 8 oz.
Count: 1

Item #: 6036 \$7.00



Sunscreen, SPF 30, 4 oz.
Count: 1

Item #: 5665 \$7.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Bathroom Safety & Fall Prevention			
5647	Bath Mat, Non-Skid	1 ct.	\$14.00
5851	Bath Safety Bench with Back	1 ct.	\$57.50
4159	Bed Wedge	1 ct.	\$55.00
5591	Handheld Shower Head	1 ct.	\$25.00
5853	Shower Mat, Non-Skid	1 ct.	\$14.00
5806	Slipper Socks, One Size Fits Most	1 ct.	\$5.50
Dental & Denture Care			
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	1 ct.	\$14.00
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$5.00
5626	Denture Brush	1 ct.	\$3.00
5808	Efferdent® Plus Mint Tablets	44 ct.	\$9.00
5204	Efferdent® Tablets	20 ct.	\$3.00
5504	Fixodent® Cream, 0.75 oz.	1 ct.	\$4.00
5379	Fixodent® Cream, 2.4 oz.	1 ct.	\$7.00
4073	Interdental Gum Brushes	10 ct.	\$4.75
5113	Mouthwash, 4 oz.	1 ct.	\$2.50
5701	Polident® Denture Cream, 3.9 oz.	1 ct.	\$8.50
5809	Polident® Overnight	84 ct.	\$13.00
5810	Tongue Cleaner	1 ct.	\$6.00
4129	Toothbrush Protector	1 ct.	\$1.75
6051	Toothbrush, Battery Powered	1 ct.	\$21.00
5160	Toothbrush, Rechargeable	1 ct.	\$42.50
5161	Toothbrush, Rechargeable Replacement Heads	2 ct.	\$18.00
5241	Toothpaste Squeezer	1 ct.	\$3.50
5859	Toothpaste, Pepsodent®, 5.5 oz.	1 ct.	\$4.75
5530	Toothpaste, Travel Size, 0.85 oz.	1 ct.	\$1.25
5294	Toothpaste, Ultrabrite®, 6 oz.	1 ct.	\$5.00
5654	Water Jet, Battery Operated	1 ct.	\$47.50
Diabetes Care			
4109	Alcohol Pads, Large*	100 ct.	\$5.00
5812	Diabetic Skin Relief Foot Cream, 4 oz.	1 ct.	\$13.00
5225	Diabetic Socks, Black, Medium, 3-pack	1 ct.	\$9.00
5223	Diabetic Socks, Black, Large, 3-pack	1 ct.	\$9.00
5860	Diabetic Socks, Black, X-Large, 3-pack	1 ct.	\$9.00
5224	Diabetic Socks, White, Medium, 3-pack	1 ct.	\$9.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Diabetes Care			
5222	Diabetic Socks, White, Large, 3-pack	1 ct.	\$9.00
5861	Diabetic Socks, White, X-Large, 3-pack	1 ct.	\$9.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	1 ct.	\$11.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	1 ct.	\$11.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	1 ct.	\$11.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	1 ct.	\$11.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	1 ct.	\$11.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	1 ct.	\$11.00
5528	Sharps Container, 1 qt.	1 ct.	\$5.00
Eye & Ear Care			
4105	Lubricating Eye Drops, Refresh Tears®, 15 ml.	1 ct.	\$18.50
5705	Multi-Purpose Contact Lens Solution, 12 oz.	1 ct.	\$8.00
5519	Reading Glasses, Diopter +2.5	1 ct.	\$5.00
First Aid & Medical Supplies			
5404	Adhesive First Aid Tape*	1 ct.	\$3.50
5682	Alcohol Swabs*	3 ct.	\$3.50
6005	Antiseptic Towelettes	100 ct.	\$6.00
5151	Bandage, Stretch Gauze*	1 ct.	\$4.00
4061	Bandages, Finger and Knuckle	20 ct.	\$5.00
4093	Bandages, Knuckle	100 ct.	\$7.50
5194	Disposable Gloves, Nitrile, Small	100 ct.	\$17.00
5930	Disposable Gloves, Nitrile, X-Large	100 ct.	\$17.00
5317	Ice Bag	1 ct.	\$8.00
5817	Procedural Face Masks with Earloops	50 ct.	\$14.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	1 ct.	\$2.50
6042	Tape, Paper Surgical, 2" x 10 yd.*	1 ct.	\$3.50
5121	Warm & Cold Water Bottle	1 ct.	\$9.00
Foot Care			
4052	Arch Support, Adjustable	1 pair	\$28.00
5219	Callus Cushions	6 ct.	\$2.75
5543	Foot Powder, 4 oz.	1 ct.	\$5.00
4124	Insoles for Men, Trim To Fit	1 pair	\$5.00
4125	Insoles for Women, Trim To Fit	1 pair	\$5.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Home Diagnostic & Patient Aids			
5813	Activity Tracker	1 ct.	\$55.00
5119	Bathroom Scale, Digital ^{#§}	1 ct.	\$47.50
5814	Bathroom Scale, Digital Talking ^{#§}	1 ct.	\$55.00
5371	Blood Pressure Monitor, Upper Arm Automatic [‡]	1 ct.	\$37.50
5573	Blood Pressure Monitor, Upper Arm Talking [‡]	1 ct.	\$50.00
5370	Blood Pressure Monitor, Wrist [‡]	1 ct.	\$35.00
5872	Blood Pressure Monitor, Wrist Talking [‡]	1 ct.	\$42.50
6019	CPAP Mask Wipes	72 ct.	\$12.00
5710	Cushion, Gel/Foam Seat	1 ct.	\$30.00
5873	Cushion, Lumbar	1 ct.	\$21.00
5201	Heart Rate Monitor Watch [‡]	1 ct.	\$40.00
5821	Kitchen Scale, Digital [‡]	1 ct.	\$25.00
5500	Long Handle Bath Sponge	1 ct.	\$12.00
4154	Magnifying Glass	1 ct.	\$6.00
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$3.75
5210	Pill Box, 7 Day, 4 Times a Day	1 ct.	\$7.00
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$9.00
5096	Pulse Oximeter [‡]	1 ct.	\$40.00
5098	Reaching Aid Device	1 ct.	\$16.00
5656	Shoe Horn	1 ct.	\$2.00
5149	Thermometer, 60 Second	1 ct.	\$3.00
6048	Thermometer, Digital Ear	1 ct.	\$30.00
5172	Thermometer, Flex Tip	1 ct.	\$7.50
5627	Thermometer, Talking Ear & Forehead	1 ct.	\$48.50
Home Health Care			
5538	Cane, Folding*	1 ct.	\$14.00
4075	Hypoallergenic Pillow	1 ct.	\$24.50
Incontinence Supplies			
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"*	24 ct.	\$18.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"*	24 ct.	\$20.00
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"*	20 ct.	\$20.00
5714	Attends® Discreet Men's Guard*	20 ct.	\$14.00
5879	Attends® Discreet Women's Moderate Bladder Control Pad*	20 ct.	\$9.00
5715	Attends® Discreet Women's Ultimate Bladder Control Pad*	20 ct.	\$22.00
5881	Attends® Discreet Women's Panty Liner*	28 ct.	\$8.00

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Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Incontinence Supplies			
5716	Attends® Discreet Women's Ultrathin Pad*	20 ct.	\$8.00
5150	Bladder Control Pad, Adult*	14 ct.	\$7.00
4151	Bladder Control Pad, Heavy*	20 ct.	\$20.00
5720	Bladder Control Shaped Pad, Moderate Absorbency*	28 ct.	\$13.00
5718	Bladder Control Shaped Pad, Maximum Absorbency*	28 ct.	\$14.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	28 ct.	\$17.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"**	14 ct.	\$17.00
5885	No-Rinse Body Wash, 8 oz.	1 ct.	\$4.00
6058	Underpad, Disposable, 23" x 24"**	50 ct.	\$16.50
5721	Underpad, Disposable, 23" x 36"**	15 ct.	\$12.00
5722	Underpad, Disposable, 30" x 30"**	10 ct.	\$11.00
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"**	5 ct.	\$14.50
6032	Urinal, Male	1 ct.	\$3.75
Rehabilitation, Therapy & Exercise			
6073	Pedal Exerciser	1 ct.	\$50.00
Skin Care			
4097	Aloe Vera Gel, 16 oz.	1 ct.	\$6.00
4143	Hand Sanitizer Gel, 2 oz.	1 ct.	\$2.00
5924	Hand Sanitizer Gel, 8 oz.	1 ct.	\$5.00
Sleep Aids			
5891	Nasal Strips, Medium	30 ct.	\$13.00
5892	Nasal Strips, Large	30 ct.	\$13.00
Supports & Braces			
5395	Ankle Support	1 ct.	\$4.00
5208	Arthritis Gloves, Medium	1 pair	\$24.00
5209	Arthritis Gloves, Large	1 pair	\$24.00
5893	Back Support Elastic, 24" to 46"	1 ct.	\$14.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)†	1 pair	\$15.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)†	1 pair	\$15.00
6024	Elastic Bandage, 2" x 4.5 yd.*	1 ct.	\$1.75
5398	Elastic Bandage, 3" x 5 yd.*	1 ct.	\$1.75
5152	Elastic Bandage, 4" x 5 yd.*	1 ct.	\$1.75
6025	Elastic Bandage, 6" x 5 yd.*	1 ct.	\$3.75

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Supports & Braces			
5526	Hot Cold Reusable Pack, 5" x 10"	1 ct.	\$4.00
5734	Knee Stabilizer	1 ct.	\$21.00
5910	Knee Support, Elastic, Medium	1 ct.	\$7.00
5912	Knee Support, Elastic, Large	1 ct.	\$7.00
5389	Wrist Support	1 ct.	\$6.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Food			
7218	Allspice, 1 oz.	1 ct.	\$4.50
7001	Almond Butter Smooth, 10 oz.	1 ct.	\$13.00
7143	Almond Milk, 32 oz.	1 ct.	\$7.00
7002	Almonds, 5 oz.	1 ct.	\$7.00
7207	Apricots, 15 oz.	1 ct.	\$4.00
7122	Avocado Oil, 16 oz.	1 ct.	\$14.00
7176	Baby Corn, 15 oz.	1 ct.	\$3.50
7152	Baked Beans, 16 oz.	1 ct.	\$3.50
7194	Baking Powder, 7 oz.	1 ct.	\$5.50
7195	Baking Soda, 16 oz.	1 ct.	\$3.00
7231	Balsamic Vinegar, 8 oz.	1 ct.	\$5.00
7170	Bamboo Shoots, 8 oz.	1 ct.	\$3.50
7171	Bean Sprouts, 14 oz.	1 ct.	\$3.50
7006	Beef Stew, 15 oz.	1 ct.	\$4.50
7007	Beefaroni, 7 oz.	1 ct.	\$3.00
7008	Beets, Sliced, 14.5 oz.	1 ct.	\$3.00
7111	Black Beans, 15 oz.	1 ct.	\$2.50
7240	Blackeye Peas, 15 oz.	1 ct.	\$2.50
7164	Bread Crumbs, 15 oz.	1 ct.	\$4.00
7010	Canola Oil, 16 oz.	1 ct.	\$7.50
7127	Carrots, 14.5 oz.	1 ct.	\$3.50
7223	Cayenne Pepper, 1.5 oz.	1 ct.	\$3.50
7011	Cheerios™, 8.9 oz.	1 ct.	\$7.00
7012	Chewy Granola Bars, 8.4 oz.	8 ct.	\$5.75
7229	Chia Seed, 1.5 oz.	1 ct.	\$2.00
7202	Chicken Breast Chunk, 10 oz.	1 ct.	\$5.50
7225	Chicken Noodle Soup, 10 oz.	1 ct.	\$4.50
7217	Chili Powder, 2 oz.	1 ct.	\$4.50
7188	Chili, 15 oz.	1 ct.	\$4.50
7018	Chunk Light Tuna in Water, 5 oz.	1 ct.	\$3.00
7020	Chunky Vegetable Soup, 18 oz.	1 ct.	\$4.00
7216	Cinnamon, Ground, 2 oz.	1 ct.	\$4.50
7021	Clam Chowder, 18 oz.	1 ct.	\$4.50
7144	Coconut Water, 16 oz.	1 ct.	\$3.25

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Food			
7098	Coffee Creamer, 16 oz.	1 ct.	\$5.50
7022	Coffee, 11 oz.	1 ct.	\$9.50
7128	Coffee, Instant, 8 oz.	1 ct.	\$10.50
7023	Coffee, Decaf, 11 oz.	1 ct.	\$9.50
7129	Coffee, Decaf Instant, 8 oz.	1 ct.	\$12.00
7205	Condensed Milk, 14 oz.	1 ct.	\$4.50
7046	Cooking Spray, 5 oz.	1 ct.	\$7.00
7130	Corn Flakes, 18 oz.	1 ct.	\$7.00
7150	Corn, 14 oz.	1 ct.	\$3.50
7131	Corn Oil, 16 oz.	1 ct.	\$5.50
7160	Corned Beef, 12 oz.	1 ct.	\$7.00
7222	Cranberry Sauce, Jellied, 14 oz.	1 ct.	\$3.50
7192	Cream of Chicken Soup, 10 oz.	1 ct.	\$3.25
7191	Cream of Mushroom Soup, 10 oz.	1 ct.	\$3.25
7226	Cream of Potato Soup, 10 oz.	1 ct.	\$4.00
7190	Cream of Wheat, 12 oz.	1 ct.	\$5.00
7233	Dried Apples, 3 oz.	1 ct.	\$8.00
7232	Dried Apricots, 6 oz.	1 ct.	\$8.00
7234	Dried Bananas, 4 oz.	1 ct.	\$8.00
7235	Dried Mangos, 3 oz.	1 ct.	\$10.00
7147	Ensure® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7146	Ensure® Vanilla Shake, 8 oz.	6 ct.	\$20.00
7211	Extra Virgin Olive Oil, 8 oz.	1 ct.	\$7.50
7212	Flour, All Purpose, 32 oz.	1 ct.	\$4.00
7208	Fruit & Nut Mix, 6 oz.	1 ct.	\$6.00
7024	Fruit Cocktail, 14.5 oz.	1 ct.	\$3.50
7159	Garbanzo Beans, 15 oz.	1 ct.	\$2.50
7168	Garlic Powder, 3 oz.	1 ct.	\$3.50
7177	Gelatin, Cherry, 1.4 oz.	1 ct.	\$2.25
7178	Gelatin, Orange, 1.4 oz.	1 ct.	\$2.25
7179	Gelatin, Strawberry, 1.4 oz.	1 ct.	\$2.25
7153	Glucerna® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7148	Glucerna® Vanilla Shake, 8 oz.	6 ct.	\$20.00
7241	Great Northern Beans, 15 oz.	1 ct.	\$2.50
7151	Green Beans, 14 oz.	1 ct.	\$3.50

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Food			
7242	Green Chiles, 4 oz.	1 ct.	\$2.50
7206	Grits, 16 oz.	1 ct.	\$3.50
7220	Ham, Cooked, 16 oz.	1 ct.	\$8.00
7244	Hominy, 15 oz.	1 ct.	\$2.50
7185	Honey, 12 oz.	1 ct.	\$7.00
7214	Hot Sauce, 3 oz.	1 ct.	\$2.00
7032	Instant Mashed Potatoes, 13.75 oz.	1 ct.	\$4.50
7033	Jelly, Grape, 20 oz.	1 ct.	\$4.50
7034	Jelly, Strawberry, 20 oz.	1 ct.	\$4.50
7154	Ketchup, 20 oz.	1 ct.	\$4.50
7243	Lentils, 15 oz.	1 ct.	\$2.50

*Under certain circumstances, these items may be covered under either Part B or Part D. When an item is covered by Part B or Part D due to particular circumstances, you would not use your Part C Supplemental OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

†Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are available to members with congestive heart failure or liver disease, to monitor fluid retention.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your Benefits Pro Portal. NationsBenefits reserves the right to limit the quantities of OTC items dispensed.

This grocery list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the items are trademarks of each company. Item costs may change from year to year. Consult with your primary care provider (PCP) about which grocery items you should use to better manage your health and/or chronic illness.

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FASTEST Delivery Method

Order your OTC and Grocery products online through your **Benefits Pro Portal** at **LifeWorksAdvantage.NationsBenefits.com** or scan this QR code with your smartphone camera.



Download the **Benefits Pro app** to your mobile device



To Order by Mail – Fill Out Your Personal Information

For orders by mail, fill out the information below and use the back of this form to order products. *Mail orders will be processed in 5-7 days.*

Only this form will be used for orders. Alternate or non-standard forms are not acceptable and will result in an order not being placed. To ensure your order is processed correctly please write **LEGIBLY** and use **BLACK INK ONLY**.

Member ID		Date of Birth
First Name	Last Name	
Street #	Street Name	Apt./Suite #
City	State	Zip Code
Phone	Email	

Send the completed order form using the postage-paid envelope to:

NationsBenefits
1700 N. University Drive
Plantation, FL 33322

I understand that the phone numbers and/or emails I provided on this form may be used by NationsBenefits or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

IMPORTANT: Due to the added time to receive your request by mail, we encourage you to allow extra time when mailing your order. Your order will be processed in the benefit period that it is received. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.

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Order Your Products

ITEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
TOTAL ORDER AMOUNT				\$ _____

Applicable sales tax may be added to the order total and deducted from your available balance.

NOTE: Order forms will be processed during the benefit period in which they are received.

If you have any questions or need assistance placing your order, please call NationsBenefits at **833-689-1751 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time. Language support services are available free of charge.



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Order Your Products

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_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
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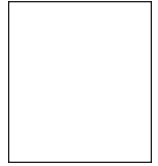
Notes:

You can use this page to write down helpful information for future orders such as item numbers, product descriptions, and any questions you may want to ask a Member Experience Advisor on your next call.



nations benefits

1700 N. University Drive
Plantation, FL 33322



Get started today!



Visit us online at
LifeWorksAdvantage.
NationsBenefits.com



Download the
Benefits Pro app to
your mobile device



Call us at
833-689-1751
(TTY: 711)



Complete and mail
an order form to
NationsBenefits



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Language support services are available if needed, free of charge.

